**PUNISHMENT ASSIGNMENT**

**Saurabh joshi 7249 se comp b**

**Success at sports; talent and skill vs. hard work; which is most important?**

Hard work - a great deal of effort or endurance.

Talent- natural aptitude or skill.

Both are two different words but not the opposite of one another. Talent is something everyone has but the level for each individual differs. which can be leveled up by practicing it hard (i.e., hard work) Example: Messi is talented they said but what if Messi never practice and play with saying i have natural ability so called Talent. It doesn't matter whether you are talented or not you have to ready for working hard and update yourself of what you are now that is the only way you shine in your field**.**

Hard work. Commitment. Diligence. Perseverance. Persistence. These are all things that are involved in being dedicated to something. A dedicated athlete is willing to do the extra work, they show up to every practice to get better, and they do not accept defeat. They are striving for something, whether that be wanting to beat their previous performance or competing in honour of someone who cannot. Dedication is working hard, putting in the extra time when no one is watching, so that when it is time to perform, they have already done the preparation. When I hear the word dedication, the first thing that comes to my mind is sports. A dedicated athlete is the one that tries to beat their best practice time, even when the coach says they can go easy. Dedicated people are always striving to do their best. It is a race against themselves more than anything, and the chief goal is to try to perform better than they did the last time. Dedicated athletes are the ones that do extra reps or laps after every

When someone tells you that you cannot do something, you use that as fuel for the fire, not something that stamps it out. There was a swimmer that wanted to drop a whole second in her 50 freestyle her senior year. In swimming, that is a lot of time, especially at her level. Another girl laughed at her goal, because she knew how challenging it would be. Eventually she dropped that second that she wanted because she wanted it and she worked for it. She could do it because she was dedicated and did not let others' negative comments get to her head. Another example of dedication could be looking past the fact that you have not reached your goal this season, and seeing that there is still another opportunity next year. Always listen to people that tell you that you are ready, you are prepared, you can throw harder, you can swim faster, you can run longer, you can kick farther, you do more than you think you